



September is National Suicide Prevention Month. In an effort to support educators, students, and families, the New York Association of School Psychologists (NYASP) has compiled the following resources focusing on suicide prevention and response. Suicide is preventable, and NYASP hopes that by providing prevention resources we will help adults recognize risk factors and respond in order to prevent suicide. In the event a suicide occurs, NYASP hopes that the suicide response resources will help guide adults in responding to the suicide and meeting the needs of children who are affected by the death.

This toolkit is a compilation of resources developed by individuals, organizations, and agencies across NY State and the country. NYASP extends our thanks to all those who have developed these valuable tools and allow them to be readily available via the internet. The titles and authors of the resources in this toolkit have been kept brief in order to facilitate easy access for practitioners.

### ***Suicide Prevention***

#### **The Suicide Prevention Center of New York (SPCNY)**

<http://www.preventsuicideny.org>

#### **Creating Suicide Safety in Schools Workshop – Suicide Prevention Center of NY**

<http://www.preventsuicideny.org/#!schools/c1tfz>

#### **NYC Guide to Suicide Prevention, Services, and Resources – The Samaritans of New York**

<http://samaritansnyc.org/wp-content/uploads/2013/02/NYC-Suicide-Prevention-Resource-Guide-2013.pdf>

#### **Suicide Intervention and Prevention -The Monroe County Consortium for Trauma, Illness, and Grief**

<http://www.tigconsortium.org/suicide>

#### **The Relationship between Bullying and Suicide: What We Know and What it Means for Kids -**

*Centers for Disease Control National Center for Injury Prevention and Control*

<http://www.cdc.gov/violenceprevention/pdf/bullying-suicide-translation-final-a.pdf>

#### **Columbia Suicide Severity Rating Scale (C-SSRS) – Columbia University Medical Center – Center for Suicide Risk Assessment**

[http://www.cssrs.columbia.edu/scales\\_practice\\_cssrs.html](http://www.cssrs.columbia.edu/scales_practice_cssrs.html)

#### **Safety Contract - University of Maryland – School Mental Health Program 2008**

[http://www.nyasp.biz/suicide\\_toolkit/safety\\_contract\\_for\\_adolescents.pdf](http://www.nyasp.biz/suicide_toolkit/safety_contract_for_adolescents.pdf)

#### **The Youth Suicide Prevention School-Based Guide - prepared by K. Lazear, S. Roggenbaum & K. Blase, & developed by the Louis de la Parte Florida Mental Health Institute - University of South Florida.**

<http://theguide.fmhi.usf.edu/>

#### **Times of Tragedy: Preventing Suicide in Troubled Children and Youth Part II: Tips for School Personnel or Crisis Team Members - National Association of School Psychologists (NASP)**

[http://www.nasponline.org/resources/crisis\\_safety/suicidept2\\_general.aspx](http://www.nasponline.org/resources/crisis_safety/suicidept2_general.aspx)

**Practical Information on Crisis Planning: A Guide for Schools and Communities** - *The Office of Safe and Drug-Free Schools, U.S. Department of Education, 2003*

<http://www2.ed.gov/admins/lead/safety/emergencyplan/crisisplanning.pdf>

## ***Suicide Response***

**After a Suicide: A Toolkit for Schools** – *American Foundation for Suicide Prevention*

<http://www.sprc.org/sites/sprc.org/files/library/AfteraSuicideToolkitforSchools.pdf>

**School Safety and Crisis Resources** – *National Association of School Psychologists (NASP)*

[http://www.nasponline.org/resources/crisis\\_safety](http://www.nasponline.org/resources/crisis_safety)

**Plan for After Suicide Death (Postvention)** - *Courtesy of Suicide Prevention Center of New York*

[www.preventsuicideNY.org](http://www.preventsuicideNY.org)

[http://www.nyasp.biz/suicide\\_toolkit/plan\\_for\\_after\\_suicide\\_death.pdf](http://www.nyasp.biz/suicide_toolkit/plan_for_after_suicide_death.pdf)

**Suicide Postvention Plan** – *Greece Central School District Fall 2008 & TIG Spring 2009*

<http://www.greececsd.org/district.cfm?subpage=51607>

[http://www.nyasp.biz/suicide\\_toolkit/suicide\\_postvention\\_plan.pdf](http://www.nyasp.biz/suicide_toolkit/suicide_postvention_plan.pdf)

**Tips for following up with students after suicide** – *Courtesy of Suicide Prevention Center of NY*

<http://www.preventsuicideny.org/>

[http://www.nyasp.biz/suicide\\_toolkit/tips\\_for\\_student\\_follow\\_up\\_after\\_suicide.pdf](http://www.nyasp.biz/suicide_toolkit/tips_for_student_follow_up_after_suicide.pdf)

**Memorials after a Suicide: Guidelines for Schools and Families** – *Society for the Prevention of Teen Suicide*

[http://www.nyasp.biz/suicide\\_toolkit/memorials\\_after\\_a\\_suicide.pdf](http://www.nyasp.biz/suicide_toolkit/memorials_after_a_suicide.pdf)

**Quick Reference Guide: If the Worst Happens** – *Hazelden Foundation*

[http://www.nyasp.biz/suicide\\_toolkit/quick\\_reference\\_guide.pdf](http://www.nyasp.biz/suicide_toolkit/quick_reference_guide.pdf)

**Suicide Clusters and Contagion** – *Frank J. Zenere: Principal Leadership October 2009*

[http://www.nyasp.biz/suicide\\_toolkit/suicide\\_clusters\\_and\\_contagion.pdf](http://www.nyasp.biz/suicide_toolkit/suicide_clusters_and_contagion.pdf)

**CDC Recommendations for a Community Plan for the Prevention and Containment of Suicide Clusters** – *Centers for Disease Control and Prevention*

<http://wonder.cdc.gov/wonder/prevguid/p0000214/p0000214.asp>

## ***Tips for Parents***

**Suicide Proofing Your Home** – *Suicideproof.org & the Brady Center to Prevent Gun Violence*

[http://www.nyasp.biz/suicide\\_toolkit/suicide\\_proofing\\_your\\_home.pdf](http://www.nyasp.biz/suicide_toolkit/suicide_proofing_your_home.pdf)

**Parent Awareness Series: Talking to Your Kids about Suicide** – *Society for the Prevention of Teen Suicide*

[http://www.communitycollaborative.org/wpcontent/uploads/2015/03/Talking\\_to\\_your\\_Kids\\_About\\_Suicide.pdf](http://www.communitycollaborative.org/wpcontent/uploads/2015/03/Talking_to_your_Kids_About_Suicide.pdf)

**How to Talk to a Child about a Suicide Attempt in Your Family** - *Rocky Mountain Mental Illness Research, Education & Clinical Center (MIRECC) for Suicide Prevention*

<http://www.mirecc.va.gov/visn19/talk2kids/e/>

**When a Child's Friend Dies by Suicide** – *The Society for the Prevention of Teen Suicide*

[http://www.sptsusa.org/wp-content/uploads/2015/05/When\\_a\\_Child\\_Friend\\_Dies\\_By\\_Suicide.pdf](http://www.sptsusa.org/wp-content/uploads/2015/05/When_a_Child_Friend_Dies_By_Suicide.pdf)

## ***Media / Social Media Guidelines***

**Responsible Media Coverage of Crisis Events Impacting Children** – *National Association of School Psychologists (NASP)*

[http://www.nasponline.org/resources/crisis\\_safety/Media%20Guidelines.pdf](http://www.nasponline.org/resources/crisis_safety/Media%20Guidelines.pdf)

**Social Media Guidelines for Mental Health Promotion & Suicide Prevention** – *Team Up: The Entertainment Industries Council*

<http://www.eiconline.org/teamup/wp-content/files/teamup-mental-health-social-media-guidelines.pdf>

**Suggestions for Dealing with the Media** – *National Association of School Psychologists (NASP)*

[http://www.nasponline.org/resources/crisis\\_safety/neat\\_media.aspx](http://www.nasponline.org/resources/crisis_safety/neat_media.aspx)